

Shower Pouf



The time has come for spring cleaning!

Be sure not to forget yourself. Rub-a-dub-dub
with this homemade shower pouf!

Supplies:

- Three (3) sheets tulle, six inches by seventy-two inches (6"x72")
- One (1) length 1/8" polyester ribbon, three feet (3')
- One (1) needle
- One (1) popsicle stick
- Scissors (optional)

Instructions:

1. Roll out the sheets of tulle. Stack them, aligning all edges (**Figure 1**). If necessary, trim ragged edges.
2. Tie one end of the ribbon to the popsicle stick. With the other end of the ribbon, thread your needle, securing with a knot. See **Figure 2**.
3. Beginning at one end, sew the three strips of tulle together lengthwise, sewing through the center of the material. Using a basting stitch, create stitches that are one inch (1") long. See **Figure 3** and below for how to baste stitch:
 - a. Bring your needle up through the bottom side of the fabric.
 - b. Now that your needle is on the top side of the fabric, move your needle one inch (1") farther and bring the needle down. Your needle should again be on the bottom side of the fabric.
 - c. Move your needle one inch (1") farther and bring your needle up. Repeat steps b. through c. until you have reached the end.
4. As you stitch, push the tulle down the ribbon towards the popsicle stick. The tulle should collect in rippling waves as in **Figure 4**.
5. When your stitches reach the end of the tulle, push the tulle to the center of your ribbon. See **Figure 5**.
6. Join the ends of tulle together by tying the ribbon in a tight knot, as in **Figure 6**. You may find it helpful to use the popsicle stick to hold down the knot when tying (**Figure 7**).
7. To finish, trim the ribbon tails to approximately six inches (6"). Tie together in a loop for easy hanging.

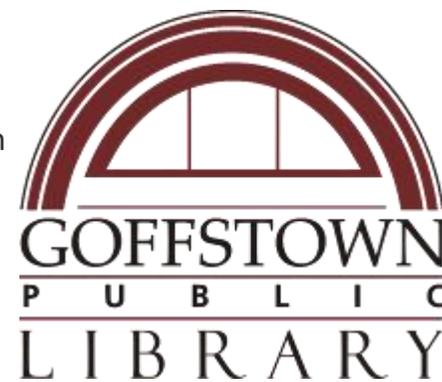




Figure 1



Figure 2

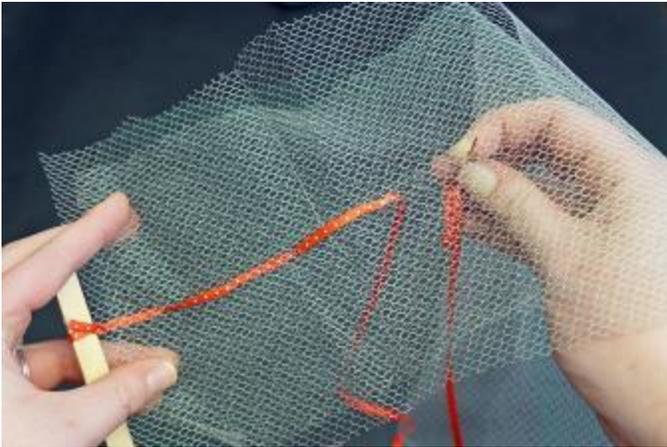


Figure 3

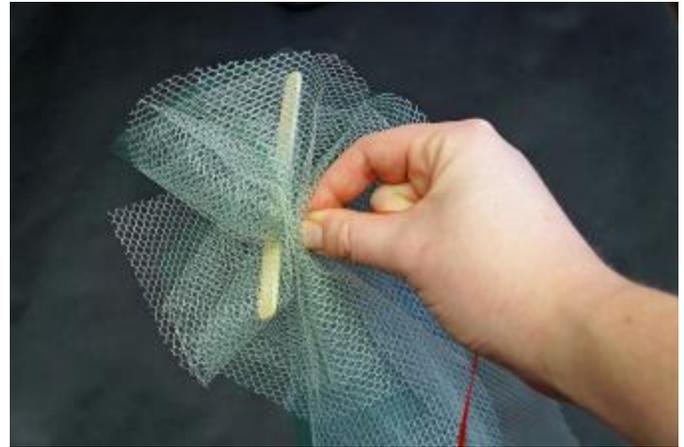


Figure 4



Figure 5



Figure 6



Figure 7



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